

ABSTRACT

DISSERTATION: The Psychometric Properties of Solution Focused Recovery Scale: Coping with Hardship and Tragedy

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PAGES: 93

Childhood sexual abuse is a serious problem with potential for long term impact on the victims. A history of CSA is associated with psychological distress in adult survivors (Hund & Espelage, 2005). There are risk factors and protective factors that can mediate these effects. One protective factor that has been found to be the best predictor of outcome is adaptive coping. However, there is no known measure with well-established psychometric properties that assesses for adaptive coping behaviors. The Solution Focus Recovery Scale was developed to assess adaptive coping in adult survivors of childhood sexual abuse and sexual assault. The SFRS has some preliminary data to support the reliability and validity of the measure (Kruczek & Vitanza, 1999; Kruczek & Ægisdóttir, 2005). The current study will help to continue to establish the psychometric properties of the SFRS so that it can be used as an outcome measure for future research and in treatment.